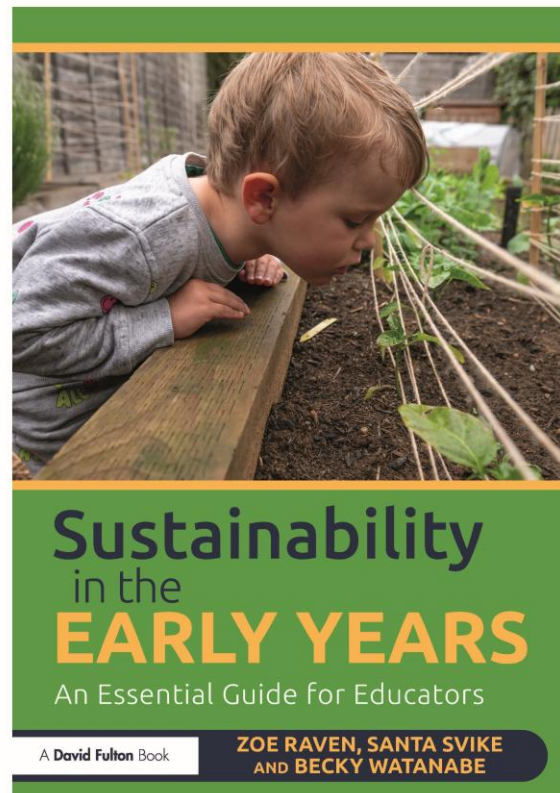


New sustainability book for early years



Introductions



Dr Zoë Raven (Chief Executive)



Santa Sviķe (Sustainability & Governance Lead)



Becky Watanabe (Pedagogical Lead)

Why we wrote the book

- To strengthen educators' understanding of sustainability
- Sustainability can feel overwhelming – to reassure that small steps and actions do make a difference
- To offer practical guidance (including resources such as Acorn's CAP template, monthly gardening and eco-activities calendar, healthy recipes, recommendations for other books, podcasts, films)



WOODEN TOYS

REGULAR OUTDOOR PLAY

WET BAGS

RECYCLING

ECO-COMMITTEE

NATURAL RESOURCES

ECO-NEWSLETTER

LOCAL WALKS

RE-USING

NO GLITTER

LITTER PICKING

HELP WITH POTTY TRAINING

VEGETARIAN OPTIONS

MINIMISING FOOD WASTE

SECOND-HAND RESOURCES

LOOKING AFTER CHICKENS

DIY WET WIPES

MAKING BIRD FEEDERS

DIY PLAYDOUGH

RE-USABLE BOTTLES

BUG HUNTING

UP-CYCLING

ECO-LEAD

MUD KITCHEN

WORMERY

ECO-TOILET

PLANT SWAPS

NATURE (KINDERGARTEN)

ALLOTMENT

ACCEPT REUSABLE NAPPIES

MILK IN GLASS BOTTLES

FOREST SCHOOL

LEARNING ABOUT ANIMALS

LOCALLY SOURCED FOOD

GREEN FLAG AWARD

REDUCING PLASTIC

LOCAL WALKS

(Examples from families of eco-friendly practice – 2024)

An insight into the chapters

Chapters cover

- > Eco-friendly environments indoors, outdoors, and beyond
- > The role of Forest Schools
- > Economic sustainability
- > Healthy eating and environmental sustainability
- > Understanding the wider impact of our actions and the power of community
- > Creating a development plan and celebrating success





Reflections

- Sustainability is constantly evolving
- Small actions matter when undertaken collectively
- Discussing sustainability with colleagues is often as important as the actions themselves



Community discussion

- What is one sustainability success your setting is proud of?
- What is one challenge you are currently facing?
- What is one action you could take in the next month?



Key takeaway

Sustainability is not about doing everything perfectly. It is about making thoughtful choices, building habits, and helping children, families and communities thrive now and in the future.

Helping Children Build a More Sustainable Future

Discover practical ways to embed sustainability into everyday early years practice.

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Chapters cover

- > Eco-friendly environments indoors, outdoors, and beyond
- > The role of Forest Schools
- > Economic sustainability
- > Healthy eating and environmental sustainability
- > Understanding the wider impact of our actions and the power of community
- > Creating a development plan and celebrating success

"Packed with fun facts, case studies and examples, tips, and reflection points, this is essential reading for all early years practitioners and students."

A book by...



Santa Sviak

Sustainability & Governance Lead



Becky Watanabe

Pedagogical Lead



Zoe Raven

Chief Executive Officer

**Sustainability
in the
EARLY YEARS**

An Essential Guide for Educators
ZOE RAVEN, SANTA SVIAK
AND BECKY WATANABE

A David Fulton Book



Scan the QR code to order the book
or visit www.routledge.com/9781041079583



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