



Lemon & raspberry yoghurt fool



2 adults & 2 children

INGREDIENTS

250g raspberries
1 lemon (zest & juice)
1 Tsp honey
1 Tsp vanilla essence
200g cream cheese
200g Greek yoghurt

GOOD TO KNOW

Vegetarian

Avoid giving honey to under 1's

METHOD

1. Pour 150g of raspberries into a pan with the honey, half of the vanilla extract, the lemon zest and juice.
2. Simmer until the mixture is syrupy, then let it cool. Chill for 2 hours.
3. Whisk the cream cheese and Greek yoghurt with the remaining vanilla extract, then swirl through most of the raspberry sauce.
4. Serve with extra sauce and fresh raspberries on top.