

### **Morning Daily Routine Under 2 years old**

8:00-8:30	Welcome, Arrival & Breakfast.
8:30-9:15	Indoor Free Play & Nappy Change
9:15-10:00	Garden Time: Gentle Exploration
10:00-10:30	Focused Activity: Early Learning
10:30-10:45	Snack Time: healthy homemade bites
10:45-11:15	Free Play: Independent Discovery
11:15-11:30	Nappy Changes, Prepare for Lunch & Hand Washing
11:30-12:15	Lunch Time: Yummy Meal

#### **FOCUS ACTIVITES INCLUDE:**



### **Afternoon Daily Routine Under 2 years old**

12:15-12:30	Clean Faces: Fresh & Comfy
12:30-14:30	Sleep Time: Peaceful Rest
14:30-14:45	Circle Time & Nappy Changes
14:45-15:25	Garden Time & Focused Activity: Sensory Fun
15:25-15:30	Prepare for Tea, Set Tables & Wash Hands
15:30-16:15	Tea Time: Afternoon Meal
16:15-17:00	Tidy Up, Free Play & Nappy Changes
17:00-17:30	Musical Movement, Yoga & Sensory Sessions
17:30-18:00	Free Play & Story Time: Calm Moments
18:00	Tidy Up & Home Time!



### Morning daily routine 2-3 years old

8:00-8:30	Welcome, Arrival & Breakfast in Preschool
8:30-9:00	Indoor Free Play: Exploration & Imagination
9:00-9:15	Transition to Toddler Room & Continued Play
9:15-9:30	Circle Time: Songs, Stories & Sharing
9:30-9:45	Snack Time: Fueling Our Morning
9:45-10:30	Focused Activity & Language Groups: Learning Through Play
10:30-10:45	Personal Progress & Preparing for Garden Fun
10:45-11:25	Garden Time: Outdoor Exploration & Play
11:25-11:30	Preparing for Lunch: Setting Tables & Washing Hands
11:30-12:15	Lunchtime Together

#### **FOCUS ACTIVITES INCLUDE:**



### Afternoon Daily Routine 2-3 years old

12:15-12:30	Clean Faces & Nappy Change Before Rest
12:30-14:15	Sleep-time (Non-Sleepers join Preschool Activities)
14:15-14:45	Free Play & Nappy Change
14:45-15:15	Focused/Planned Activity: Engaging Our Minds
15:15-15:25	Personal Progress Moments
15:25-15:30	Preparing for Tea: Setting Tables & Washing Hands
16:00-17:00	Garden Time: Afternoon Adventures
17:00-17:30	Indoor Free Play, Nappy Changing & Snack
17:30-17:45	Story Time: Cozy Moments
17:45-18:00	Calming Activity, Tidy Up & Farewell



### **Morning Daily Routine Over 3 years old**

8:00-8:30	Welcome, Arrival & Breakfast
8:30-9:00	Indoor Free Play: Creative Exploration
9:00-9:15	Circle Time: Sharing & Group Activities
9:15-9:30	Morning Snack (Rolling Snack)
9:30-10:00	Focused Activity, Nappies & Garden Prep
10:00-10:45	Garden Time: Outdoor Fun & Discovery
10:45-11:25	Language Groups/PP Targets & Free Play
11:25-11:30	Preparing for Lunch: Setting Up & Washing Hands
11:30-12:15	Lunchtime Together

#### **FOCUS ACTIVITES INCLUDE:**



### **Afternoon Daily Routine Over 3 years old**

12:30-13:00	Quiet Time, Tidy Up & Garden Prep (Non-Sleepers)
12:00-14:00	Sleep Time
13:00-13:45	Garden (Non-Sleepers): Continued Outdoor Play
13:45-14:00	Setting Up Room & Free Play
14:00-14:15	Circle Time: Afternoon Gathering
14:15-15:00	Focused Activity & Nappy Changing (Sleepers)
15:15-15:30	Indoor Tidy-Up, Free Play & Tea Prep
15:30-16:00	Hand Washing & Tea Time
16:00-16:45	Adult Led Activity: Stories, Yoga, Science
16:45-17:00	Tidy Up & Preparing for Garden
17:00-18:00	Garden Time & Outdoor Snack
18:00	End of Day, Tidy Up & Departure